

Dr Jemma King

Director & Founder, BioPsychAnalytics

Dr Jemma King has a PhD in Human Behaviour and is an Emotional Intelligence and Performance under Stress expert. Jemma is a Research Fellow at the University of Queensland School of Psychology and works as a specialist external advisor to McKinsey and Company.

Jemma has consulted to organisations including the Australian Defence Force, Special Operations Command, the Centre for Australian Army

Leadership, Australian Government Solicitors, the Australian Institute of Sport, the Australian Olympic Swim Team, and Westfarmers. Jemma has tailored a pre-deployment 'Performance Optimisation Program' for Special Operations Command based on Emotional Intelligence principles that has effectively displayed measurable improvements in behavioural, cognitive and performance-based outcomes. This formed part of Jemma's Doctoral thesis on 'Emotional Intelligence training as a Pre-emptive Approach to Stress in the Special Forces'.

Jemma guest lectures in Leadership principles at the University of Sydney MBA program, and supervises two PhD students at the UQ School of Psychology on Executive Leadership, and US Army, ER doctor's Resilience Projects using physiological biometric capture devices (WHOOP).

Jemma is a reviewer for The Journal of Management Education. She was an Associate Lecturer in Organisational Behaviour at the University of Queensland Business School (courses included Leadership, Management Theory, Culture, Team Dynamics, Ethics, Motivation, Critical Thinking and Decision Making).

Jemma also consults to large organisations and privately coaches many C-Suite executives from the Telecommunications, Legal, Defence, Government and Finance sectors.

Her qualifications include Bachelor of Science, Majoring in Psychology, Bachelor of Business Management 1st Class Honours, and Doctor of Human Behaviour. She has also studied psychophysiology, psychoneuroimmunology, endocrinology, neuroscience, anatomy, and medical microbiology. Jemma is a Mum of three teenage children and lives in Queensland.

