Staying Well in the Law: The role of workplace inclusion on employee mental health

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## Dr Rose D'Almada-Remedios

## Research Manager, Diversity Council Australia

Dr Rose D'Almada-Remedios has worked with DCA for the past 5 years as Research Manager, providing DCA's over 1100 member organisations with evidence-based guidance on what works and what doesn't when it comes to creating diverse and inclusive workplaces. She has helped craft a broad range of guidance from Cracking the Glass-Cultural Ceiling to Counting Culture to the Inclusive Employer Index. Of particular relevance to this presentation, Rose has worked on the Inclusion@Work research series since its beginning in 2017 and is the lead author of the Mapping the State of Inclusion and Mental Health in the Australian Workforce report, which she is here to talk about today. Rose has a Bachelor of Business with Honours in Management and Human Resources and a PhD in workplace diversity and inclusion. She has a particular interest in employee surveys and how organisations can use their data to support diversity and inclusion in their workplaces.

