

Staying Well in the Law webcast: Shake it off – Why 2020 is the year we will ultimately thank for forging much needed change in the legal profession!

Wednesday 16 March 2022 – 12.30pm – 1.30pm



Clarissa Rayward

Director, Accredited Family Law Specialist, Collaborative Lawyer and Mediator

Clarissa is an accredited specialist family lawyer and the Director of the Brisbane Family Law Centre, a multidisciplinary practice where Clarissa's team of lawyers work alongside counsellors and financial planners to ensure that clients receive the holistic support they need through divorce. She specialises in working with families through separation in a way that keeps them away from the Courts and ideally enables them to remain friends for the future. Divorce is one of the most challenging moments any of us can experience and after almost 20 years in family law, Clarissa has come to learn that a long, expensive and combative legal process is rarely good for anyone.

Clarissa published her first book, *Splitsville - How to separate, stay out of court and stay friends* in 2015, and has trained family lawyers in Australia and around the world how to help clients through divorce.

In 2019, Clarissa was recognised as the 2019 Lawyers Weekly Australian Law Awards Wellness Advocate of the Year and the inaugural winner of the Minds Court Individual Wellness Advocate in Law.

Clarissa still works with families all around Australia, helping them through divorce and separation and all the bits in between. In her 'free time', she is working hard to change the way lawyers practise law, to reduce the overly high rates of anxiety, depression and psychological illhealth.



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